



Primary CCA 3.00pm - 4.00pm

Tenby Schools Setia Eco Gardens (SEG)

Physical CCA Option Form (29th August – 11st November 2022) 10 Weeks

DAY	ACTIVITIES	DESCRIPTION	School	Year Group	EXTRA MATERIAL FEE (PAY TO COACH DIRECTLY)	FEE (PER TERM)
MONDAY	PIANO AND THEORY - BEGINNER	In this lesson plan, students will explore introduction period of piano lesson They will learn about posture, theory and fingering practice on piano. By the end of lesson, students will able to 1. Treble Clef C,D,E,F,G & Bass Clef C,B,A,G 2. Notes, Beats, Clef, Black & White key 3. Music Rhythm & Theory 4. Posture and fingering	PRIMARY	Standard 1 - 4 Year 3 - 6	Material Fee: RM30 (2 books)	RM200
MONDAY	BE CREATIVE WITH LEGO	Objective: To give a chance to participate in hands-on and mind-on learning. Benefits of LEGO: *Teamwork and communication *Patience and organizational skills *Constructive problem solving and lateral thinking *Adventures and experimentation *Fine motor skills development *Increases spatial awareness *Better focus and concentration	PRIMARY	STD 1-4, Y3-6	N/A	RM100
MONDAY	LATE SERVICE (3-4pm)	Late Service Club is a safe supervised area from Early Years up to Year 6 come after school day finishes. While waiting to be collected from school, they can choose from the number of activities to do. Activities include Outdoor Play, Colouring, Arts and Craft, Movie Time, Indoor Play, Water Play, Zumba and Reading.	PRIMARY	All	N/A	RM100
MONDAY	LATE SERVICE (4-5pm)	Late Service Club is a safe supervised area from Early Years up to Year 6 come after school day finishes. While waiting to be collected from school, they can choose from the number of activities to do. Activities include Outdoor Play, Colouring, Arts and Craft, Movie Time, Indoor Play, Water Play, Zumba and Reading.	PRIMARY	All	N/A	RM100
MONDAY	TAEKWONDO (PRIMARY)	Our aims and objectives are to promote and propagate Taekwondo to all school age children through the 5 tenets of Taekwondo, there are Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. Taekwondo is not just practice kicking and punching, black belt is not the end of the training, self- discovery and self- improvement will lead us gain a deeper understanding in our personal growth and allows us to reach a better situation	PRIMARY	Standard 1 - 4 Year 3 - 6	UNIFORM (RM120)	RM250
TUESDAY	MASTER CHEF	Young Master Chefs is an immersive culinary experience designed for students aged 7-10. Each week is filled with fun, hand-on adventures as we build upon new culinary skills and techniques. We are ready to deliver a well-rounded experience filled with culinary knowledge and fun! It's an unforgettable week full of cooking , learning, team challenges and FUN! Each day experience will include: *All new recipes each week *The art of cooking and the science of baking. *Team challenges and competitions *Basic & NEW Culinary technique, tips and tricks *Our young chefs will be introduced to some of the latest trends in the culinary world, taking their creativity to new heights!	PRIMARY	STD 1-4, Y3-6	N/A	RM100

TUESDAY	ZUMBA BEAT	Zumba Beat is a fun dance fitness class that focuses on cardiovascular exercise. The teacher in charge will plan easy-to-follow choreography that keeps students moving to raise their heart rates. Students don't have to worry about running, jumping or other high-intensity, high-impact exercises, as classes are less likely to cause injury or excessive soreness	PRIMARY	STD 1-4, Y3-6	N/A	RM100
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TUESDAY	EMBROIDERY / STITCHING	This CCA brings up children's skills and imagination. Many enthusiasts learned the skill of embroidery as a child and that for every type of hand stitching, there is a needle for the job! Learning how to embroider from a young age is a useful skill that develops lifelong skills, such as coordination and creative thinking.	PRIMARY	STD 1-4, Y3-6	N/A	RM150
TUESDAY	24 FESTIVE DRUMS (Primary)	The 24 Festive Drums consists of 24 drums representing the cycle of 24 festivals in the lunar calendar of the Chinese agriculture community, with each drum representing one festival. A full team completes the cycle of 24 festivals in the lunar calendar that for thousands of years has guided the farmers in their agriculture activities in China. There are two bold Chinese characters painted in calligraphy on every drum representing each of the 24 agricultural seasons. Each of the drums have their special meaning going by the colour coded Chinese characters in red, black and yellow, which symbolises auspicious, passion, perseverance, the Chinese culture and tradition respectively.	PRIMARY	Standard 1 - 4 Year 3 - 6	RM 60 (T-Shirt & Pants) RM30 (Drumstick)	RM350
TUESDAY	SPORTS STACKING	Sport stacking is a sport that involves up and down stacking of 12 specially designed cups in different formations and it enhance the motor skills *One of the events of the AAU Junior Olympic Games *Training for State Players to represent JOHOR	PRIMARY	Standard 1 - 4 Year 3 - Year 6	RM86/ NEW STUDENT	RM180
WEDNESDAY	LATIN & BALLROOM DANCE (PRIMARY)	In this lesson plan, students will expose international Latin and ballroom dance in one CCA. Latin dance - Jive (4figures) beginner Basic in place, Fallaway Rock, Fallaway throwaway, Link Ballroom dance - Tango (5figures) Pre Bronze Walk, Progressive Link, Closed Promenade, Progressive side step, Rock Turn By the end of lesson, students will able to dance jive and tango with music; Listening music rhythm; performance, competition and UKA Exam	PRIMARY	Standard 1 - 4 Year 3 - Year 6	RM 220 (DANCE UNIFORM & SHOES)	RM250
WEDNESDAY	MUSICAL PRODUCTION	"Do you like to perform ? Do you want to be part of an amazing production? Students will use a range of skills during this CCA to improve their English, acting, singing and performance skills. We will learn a script and songs to perform a musical at the end of Term 3. Performance will be on Wednesday, 23rd November 2022, 1.30pm."	PRIMARY	STD 1-4, Y3-6	N/A	RM100
WEDNESDAY	OUTDOOR PLAY	" Outdoor Play is an opportunity to participate in outdoor activities. Everyone should get some fresh air every day it is good for the mind and body. So, why not do it while you are having fun with friends. So come and join us we will have some fun. "	PRIMARY	STD 1-4, Y3-6	N/A	RM100
WEDNESDAY	LATE SERVICE (3pm - 4pm)	Late Service Club is a safe supervised area from Early Years up to Year 6 come after school day finishes. While waiting to be collected from school, they can choose from the number of activities to do. Activities include Outdoor Play, Colouring, Arts and Craft, Movie Time, Indoor Play, Water Play, Zumba and Reading.	PRIMARY	ALL	N/A	RM100

WEDNESDAY	LATE SERVICE (4pm - 5pm)	Late Service Club is a safe supervised area from Early Years up to Year 6 come after school day finishes. While waiting to be collected from school, they can choose from the number of activities to do. Activities include Outdoor Play, Colouring, Arts and Craft, Movie Time, Indoor Play, Water Play, Zumba and Reading.	PRIMARY	ALL	N/A	RM100
WEDNESDAY	CHESS WIZARD (PRIMARY)	Chess is the classic game that develops spatial thinking and strategies and builds focused concentration. Taught by a certified chess instructor, the class is geared for all levels of chess players. Beginners learn basic game rules and opening tactic moves. Intermediate and advanced players learn sophisticated combinations and strategies and advanced opening moves.	PRIMARY	Standard 1 - 4 Year 3 - Year 6	N/A	RM250
THURSDAY	ROBOTIC CLASS	To inculcate students' interest to get into Science, Technology, Engineering, Arts and Mathematics field (STEM) and to provide a platform for students to apply their knowledge acquired in class and applied them in practical situation. Empower and enhance students' out of classroom learning namely, extra-curricular activities. Throughout the CCA, students should be able to promote teamwork, communication skills, creative and critical thinking skills, ideas sharing hub and leadership skills.	PRIMARY	Standard 1 - 4 Year 3 - Year 6	N/A	RM350
THURSDAY	BADMINTON (PRIMARY)	Students are able to train and improve their physical fitness if they follow the program respectively. On top of that, they will be more knowledgeable in this beautiful sport. Additionally, the gameplay review will give student a better idea on how to play the game of badminton in the most effective way in order to win in this sport.	PRIMARY	Year 4 - 6 Standard 4	N/A	RM160
THURSDAY	BOARDGAME	"The lack of technology required to play board games makes them special. They are a simple way to get quality, screen-free time with the students. We are struggling to find the balance between digital and real-life connections, but board games provide a tool for that emotional connection to each other. Bring your snacks and make it a way to spend your lovely time with us! These are the objectives: 1) Teach the value of teamwork. 2) they show students how to be good losers and 3) boost their language skills. "	PRIMARY	STD 1-4, Y3-6	N/A	RM100
THURSDAY	KAFA	KAFA KS2 (Students will be learning basic fundamental of Quran by recognising the quranic letter and its pronunciation. In this CCA, we are focusing on students from year 3 to 6 to strengthen their knowledge in Quran Tajwid (the rules of Quran pronunciation) before they proceed to Quran recital.	PRIMARY	STD 1-4, Y3-6	N/A	RM100
THURSDAY	MONEY TREE BASIC	MoneyTree educates kids on the concepts of Spending Money and Saving Money in a FUN and LIVELY manner. Students get to bid on prizes thru Class Auction using MoneyTree currency earned in class. Our focus is on: 1. Improving your kid's Financial Knowledge 2. Creating Good Money Habits 3. Know when to Spend and when to save	PRIMARY	Year 3 Standard 1 - 2	N/A	RM300
THURSDAY	LATE SERVICE (3pm - 4pm)	Late Service Club is a safe supervised area from Early Years up to Year 6 come after school day finishes. While waiting to be collected from school, they can choose from the number of activities to do. Activities include Outdoor Play, Colouring, Arts and Craft, Movie Time, Indoor Play, Water Play, Zumba and Reading.	PRIMARY	ALL	N/A	RM100
THURSDAY	LATE SERVICE (4pm - 5pm)	Late Service Club is a safe supervised area from Early Years up to Year 6 come after school day finishes. While waiting to be collected from school, they can choose from the number of activities to do. Activities include Outdoor Play, Colouring, Arts and Craft, Movie Time, Indoor Play, Water Play, Zumba and Reading.	PRIMARY	ALL	N/A	RM100
THURSDAY	GLEE CLUB (Primary)	Melissa Yap is the highest scorer for the Rockscool London Grade 8 Vocals Performance Certificate (Rock Star Award 2013) in Malaysia's southern region. With 8 years of experience in early childhood education, she will be teaching the children vocal techniques and learn songs to perform for school events, assemblies, as well as represent Tenby in Malaysian choir competitions.	PRIMARY	Year 3 - 6 Standard 1 - 4	N/A	RM500
THURSDAY	MUAY THAI BORAN (PRIMARY)	Capries Muay Boran (CMB) will be providing students with several programs for a variety of purposes, ranging from basic martial arts, to self-defence, to esteem and life skills building, and more; while the students have fun learning them. CMB will gradually enhance and expand its programs to ensure the students have as much access to the different aspects of MuayThai Boran as possible. CMB takes great measure to set positive image of the art, the importance of self-discipline and nurturing good attitudes and behaviours of its students.	PRIMARY	Standard 1 - 4 Year 1 - 6	UNIFORM (RM60/PER SET) ANNUAL FEE (RM25/PER STUDENT) GRADING FOR KHAN 1-5 (RM60) MONGKON & PRAJECT OPTIONAL (RM70/PER SET)	RM250

FRIDAY	TAMIL CLUB	The Tamil Language Association provides exposure on the fundamentals of the Tamil language and the cultural fundamentals of the Indian community. As an Indian, the community shall aware the culture of society. The association helps students to identify and develop the foundations of the community's cultural heritage. Cultivating this cultural spirit will lead them to appreciate the cultural heritage as well as the culture of other races. Indirectly, this will help to improve discipline among the students. The activity of getting to know the basics of the language will encourage and cultivate love of Tamil Language.	PRIMARY	Standard 1 - 4 Year 3 - 6	N/A	RM200
FRIDAY	CHEERLEADING (PRIMARY)	To encourage students to practice team works, communication and organization skills. To target train children and teenage a healthy, decent and attractive performances and assimilate into our locality and culture	PRIMARY	Year 3 - 6 Standard 1 -4	RM 30/ T-SHIRT	RM250
FRIDAY	LATE SERVICE (3-4pm)	day finishes. While waiting to be collected from school, they can choose from the number of activities to do. Activities include Outdoor Play, Colouring, Arts and Craft, Movie Time, Indoor Play, Water Play, Zumba and Reading.	PRIMARY	ALL	N/A	RM100
FRIDAY	LATE SERVICE (4-5pm)	Late Service Club is a safe supervised area from Early Years up to Year 6 come after school day finishes. While waiting to be collected from school, they can choose from the number of activities to do. Activities include Outdoor Play, Colouring, Arts and Craft, Movie Time, Indoor Play, Water Play, Zumba and Reading.	PRIMARY	ALL	N/A	Rm100

REGULATIONS & GUIDELINES:

1. Term 3/2022 Physical CCA starts on 29th August 2022 .
- 2.CCAs allocation based on FIRST COME FIRST SERVED BASIS.
- 3.Registration can ONLY be made via Parent Portal <https://segportal.tenby.edu.my/>
4. No Refund or withdrawal or new enrolment of CCAs starting 29th August 2022
5. Contact yasmin.nabila@tenby.edu.my if you have any issues on CCAs matter or contact 07-5588812